SELF STUDY REPORT

1. Name of the Department …Yoga Center…. Faculty of …Arts…

2. Year of establishment …1994

A.1 Academic programmes offered by the department at present, under the following categories and Sanctions Pertaining to each of the Courses.

Programmes	Number	Course/Subjects
UG	-	-
PG	01 (One)	M.A.IN YOGA (2 Years PG Course)
Integrated Masters	-	-
M.Phil.	-	-
Ph.D.	01 (One)	In Yoga Philosophy
Integrated Ph.D.	-	-
Certificate	01 (One)	6 Week Certificate Course In Yoga
Diploma	-	-
PG Diploma	02 (Two)	(1)P.G.Diploma In Yoga Therapy (2) Diploma In Yoga Education
Any other (please specify)	-	-
Total	05	

A.1b Training programmes and Short Term Courses in Yoga offered by the department at present, in 2008, 2009, 2010, 2011 and 2012

Nil

A.1c Short Term Courses in Yoga offered by the department at present, in 2008, 2009, 2010, 2011 and 2012

N/A

A.1d Certificate Courses in Yoga offered by the department at present, in 2008, 2009, 2010, 2011 and 2012

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Programmes	Number	Course/Subjects
6 weeks Certificate Course	01	Yoga Parichaya
Total		

A.1.1 Details approval/recognition and recommendations issued by the statutory body (for example, (UGC, AICTE, NCTE, PCI, MCI, DCI) governing the programme in case of Professional Programmes letters for the first time and Last Academic Year recognitions

N/A

If the department offers Distance Education Programmes (DEP) then
Number of programmes offered.

N/A

Name of Each Programme   **N/A**

Letters for approvals by the Distance Education Council.

A.2 Copy of Ordinances related to the courses in the department

S.N.	Course Name	Ordinance No	Detailed Ordinance On Website	Latest Date of Revision
1	M.A.(Yoga)	13	Yes	2008
2	PGDYT	207	Yes	2010
3	Six Week Certificate Course In Yoga	21	Yes	2011
4	Ph.D.	18	Yes	

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A.3 Number of working days during the last academic year.

286

Number of teaching days during the past four academic years.

202		198		203	286

('Teaching days' means days on which classes were engaged. Examination days are not to be included)

A.4 Number of positions in the Department, their appointment letters, joining reports and sanctions of Each

Positions	Teaching faculty			Non-teaching staff	Technical staff
	Professor	Associate Professor	Assistant Professor		
Sanctioned by the UGC / University / State Government *Recruited Yet to recruit*	NIL	NIL	01	NIL	NIL
Number of persons working on contract basis	NIL	NIL		NIL	NIL

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A.4.1 Qualifications of the teaching staff

Highest qualification	Professor		Associate Professor		Assistant Professor		Total
	Male	Female	Male	Female	Male	Female	
Permanent teachers							
D.Sc./D.Litt.							
Ph.D.					01		01
M.Phil.							
PG							
Temporary teachers							
Ph.D.							
M.Phil.							
PG							
Part-time teachers (Courses Visiting Faculty)							
M.A.Persuing Ph.D.					01	02	03
M.Phil.						01	01
PG					01		01

Emeritus, Adjunct and Visiting Professors and their sanctions.

	Emeritus	Adjunct	Visiting
Number			

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Semester-wise Record of Courses Visiting Faculty and their Sanctions

S.N	Academic Session	Sem	Course	Name	Highest Quali-fication	Teaching / Research / Industry Experience	Number of Hours in the Semester
1	2012-13	July To Dec	M.A., PGDYT	Mr.Anurag Sharma	M.A. Persuing Ph.D	08 years	12 per week
		Do	M.A.	Mrs. Nisha Joshi	M.A. Persuing Ph.D	03 years	12 per week
		Do	PGDYT	Mrs.Seema Deodhar	M.A.	02 years	06 per week
		Do	PGDYT	Mrs.Sarita Dhanuk	M.A. Persuing Ph.D	02 years	03 per week
		Do	M.A.	Dr.Nitin Mehta	B.H.M.S	03 years	03 Per Week
2	2012-13	Jan To May	M.A., PGDYT	Mr.Anurag Sharma	M.A. Persuing Ph.D	08 years	12 per week
			Do	Mrs. Nisha Joshi	M.A. Persuing Ph.D	03 years	12 per week
			PGDYT	Mrs.Seema Deodhar	M.A.	02 years	06 per week
			Do	Mrs.Sarita Dhanuk	M.A. Persuing Ph.D	02 years	03 per week
			PGDYT	Dr.Vinod Sethi	M.B.B.S	07 years	03 Per Week
			M.A	Ms.Pooja Bundela	M.Phil	04 years	03 Per Week

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A.6 Copies of Latest Biodata of Faculty in positions in the Department

S.N	Name of Faculty	Designation	Status	Biodata Updated Date
1	Dr. S.S.Sharma	Asst. Professor		10.02.13
2	Mr.Anurag Sharma	Asst. Professor	Visiting Faculty	12.03.13
3	Mrs.Nisha Joshi	Asst. Professor	Visiting Faculty	12.03.13
4	Mrs. Sarita Dhanuk	Asst. Professor	Visiting Faculty	13.03.13
5	Mrs. Seema Deodhar	Asst. Professor	Visiting Faculty	15.03.13
6	Dr.Vinod Sethi	Asst. Professor	Visiting Faculty	12.03.13
7	Ms. Pooja Bundela	Asst. Professor	Visiting Faculty	15.03.13

File maintained in the Department

A.7 1. Copies of Yearly Performa Based Assessment Records of Faculty in positions in the Department

S.N	Name of Faculty	2009-10	2010-11	2011-12	2012-13
1	Dr. S.S.Sharma	Yes	Yes	Yes	Yes
2	Mr.Anurag Sharma	….	….	….	….
3	Mrs.Nisha Joshi	….	….	….	….
4	Mrs. Sarita Dhanuk	….	….	….	….
5	Mrs. Seema Deodhar	….	….	….	….
6	Dr.Vinod Sethi	….	….	….	….
7	Ms. Pooja Bundela	….	….	….	….

Submitted to Establishment section

SELF STUDY REPORT OF YOGA CENTER

2. Number of teaching posts sanctioned and filled (Professors/Associate Professors/Asst. Professors)

	Sanctioned	Filled
Professor	**NIL**	**NIL**
Associate Professors	**NIL**	**NIL**
Asst. Professors	01 (One)	01(One)

3. Faculty profile with name, qualification, designation and specialization (D.Sc./D.Litt./ Ph.D./M.Phil., etc.)

Name	Qualification	Designation	Specialization	No. of Years of Experience	No. of Ph.D. students guided for the last 4 years
Dr.S.S.Sharma	Ph.D	Asst. Professor	Yoga	05 HOD 07 Teaching	-

4. List of senior Visiting Fellows, faculty, adjunct faculty, emeritus professors

Name	Quali-fication	Desig-nation	Specialization	No. of Years of Experience
Mr.Anurag Sharma	M.A. Persuing Ph.D	VisitingFaculty	Yoga,Sanskrit, Philosophy	08 Years
Mrs. Nisha Joshi	M.A. Persuing Ph.D	VisitingFaculty	Yoga, Philosophy	03 Years
Dr.Vinod Sethi	M.B.B.S	VisitingFaculty	Anatomy Phisiology	07 Years
Mrs.Seema Deodhar	M.A.	VisitingFaculty	Yoga Practical	03 Years
Mrs.Sarita Dhanuk	M.A.	VisitingFaculty	Psycology	02 Years

5. Percentage of classes taken by temporary faculty – programme-wise information each semester wise information

N/A

Percentage of classes taken by visiting faculty – programme-wise each semester wise information

Courses	July – December	January - May
PGDYT	80%	80%
M.A.	80%	80%
6 Week Certificate course	-	40%
Ph.D.	-	-

6.   **Programme-wise Student Teacher Ratio**

Courses	Student Teacher Ratio
PGDYT	-
M.A.	56:04
6 Week Certificate course	-
Ph.D.	-

7.   Number of academic support staff (technical) and administrative staff: sanctioned and filled

N/A

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A.8 Students enrolled in the department during the current academic year, with the following details:

Students	6 Weeks Certificate course	M.A. IN YOGIC Sc.	Integrated Masters	PG Diploma	Ph.D.	D.Litt./ D.Sc.
	*M *F	*M *F	*M *F	*M *F	*M *F	*M *F
From the state where the university is located	**80** (**50**- Male, **30**-Female)	**28** (18- Male, **10**-Female)		**19** (07-male , 12-female)	**6** (**3**- Male, **3**- Female)	
From other states of India	-	--		-	-	
NRI students	-	-	-	-	-	
Foreign students						
Total	**80**	**28**		**19**	**6**	

Total - 78 Male+ 55 Female = 133
*M-Male *F-Female

Externally registered students?

Yes [   ]   No [✓]

If yes, how many students avail of this provision annually?

No

A.7 Calculation of 'Unit cost' of education
(Unit cost = total annual recurring expenditure (actual) divided by total number of students enrolled)

(a) including the salary component = Rs.   17333/-

(b) excluding the salary component = Rs.   3333/-

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A.8 A. Faculty recharging strategies

- ASC Refresher Course

B. Number and list of faculty with course details of faculty development programmes, academic staff college programs or other faculty rechargeprograms

Name	Academic staff College Programme	Duration
Dr.S.S.Sharma	Refresher Course	21 days

A.9 Student projects

- percentage of students who have done in-house projects including inter-departmental projects
- percentage of students doing projects in collaboration with other universities / industry / institute

A.10 Awards / recognitions received at the national and international level by

- Faculty

  N/A

- Doctoral / post doctoral fellows

  N/A

- Students

  Many students of department won medals and participated in national and inter-university tournaments

A.11 Record of each of Seminar/ Conference/Workshop organized and the source of funding (national / international) with details of outstanding participants, if any

  N/A

A.12 Write up of Code of ethics for research followed by the departments

- Good publications in reputed journals
- Original work

A.12 Student profile course-wise:

Name of the Course (refer to question no. 4)	Applications received	Selected Male	Female	Pass percentage in qualifying exam.			
				Male		Female	
				Min.	Max.	Min.	Max.
2008-09							
M.A. - I	40	12	08	55%	76%	60%	78%
DIPLOMA IN YOGA EDU.	60	16	14	45%	60%	47%	70%
2009-10							
M.A. - I	40	10	10	60%	80%	62%	82%
DIPLOMA IN YOGA EDU.	40	17	13	45%	68%	48%	67%
2010-11							
M.A. - I	20	07	09	61%	80%	62%	79%
PGDYT-I	40	14	16	45%	61%	45%	60%
2011-12							
M.A. - I	30	12	08	60%	80%	62%	75%
PGDYT-I	20	10	06	46%	64%	47%	65%
2012-13							
M.A. - I	20	08	06	60%	72%	62%	75%
PGDYT-I	30	08	12	45%	63%	45%	62%
Ph.D.	10	03	03				

A.13 Diversity of students

Name of the Course	% of students from the same university	% of students from other universities within the State	% of students from universities outside the State	% of students from other countries
M.A. - I	80%	10%	10%	----
DIPLOMA IN YOGA EDU.	70%	20%	10%	----

A.15 Record of Student progression

Student progression	Percentage against enrolled
UG to PG	**80%**
PG to M.Phil.	**--**
PG to Ph.D.	**30%**
Ph.D. to Post-Doctoral	
Employed • Campus selection • Other than campus recruitment	
Entrepreneurs	

A.16 Record of Diversity of staff

Percentage of faculty who are graduates	
of the same university	
from other universities within the State	
from universities from other States	
from universities outside the country	

A.17 Number of faculty who were awarded Ph.D., D.Sc. and D.Litt. during the last four years -   **NIL**

A.18 Present details of infrastructural facilities in the department with regard to

   a) Library -   **465 Square Feet Room with 425 Books**

   b) Internet facilities for staff and students   **- Staff – 100%**

                                                 -Students – Nil

   c) Total number of class rooms   **04 (Four)**

d) Class rooms with ICT facility **01 (One)**

e) Students' laboratories   **01 Meditation Hall**

f) Research laboratories   **Nil**

A.19 List of doctoral, post-doctoral students and Research Associates

a) from the host university

Nil

b) from other universities

Nil

A.19 Records of financial assistance and Number of students getting financial assistance from the university, UGC, State, AICTE.

Name of the Course	No. of students received scholarship from State Govt.		
	SC	**ST**	**OBC**
2009-10			
M.A.	04	-	04
DIP. IN YOGA	07	03	02
2010-11			
M.A.	05	04	08
PGDYT	09	03	09
2011-12			
M.A.	04	01	08
PGDYT	02	NIL	04
2012-13			
M.A.	-	-	-
PGDYT	-	-	-

Financial Resources

  a. Governmental and UGC plan and yearly Grants

        NIL

  b. Self generated from User fees in a year

        NIL

  c. Self generated from fees in a year

      9,18000/-

  d. Self generated from consultancy in a year

        NIL

A.20 Methodology of need assessment exercise undertaken before the development of new programme(s)

  i. P.G.Diploma In Yoga Therapy course was started in 2010 considering the demand of profession at that time.

A.21 Records of feedback from

  a. faculty on curriculum as well as teaching-learning-evaluation? If yes, how does the department utilize the feedback?]

1) Before the Board of studies meeting faculties was ask to evaluate their course and accordingly change in the syllabus and scheme.

  b. Academic programs short term courses, training programmes, students on staff, curriculum and teaching-learning-evaluation and how does the department utilize the feedback?

i.   Students' feedback are collected at the end of each semester and evaluated by a committee.

ii. The quality and weaknesses of the teacher are evaluated on a percentile scale and have been given back to the concern teacher for self-improvement.

c. alumni and employers on the programmes offered and how does the department utilize the feedback?

i.   At present feedback from alumni and employers are not implemented.
Department is planning to implemented from next session 2013-14.

A.22 List the distinguished alumni of the department (maximum 10)

S. No.	Name of distinguished alumni of the department	YEAR
01	Ku.Nikky Sharma	2007
02	Dr. Reeta Sharma	2007
03	Rakesh Verma	2008
04	Seema Deodhar	2010
05	Bhupendra Sharma	2010
06	Dr.Manoj Verma	2013
07	Anand Kumar Sharma	2013
08	Kamlesh Jain	2013
09	Anurag Deodhar	2013
10	Akash Bhagat	2013

A.23 Details of student enrichment programmes (special lectures / workshops / seminar) involving external experts.

    i.   Conducted a special lecture for personality development of students by Edge Makers on 21.11.2011 for the students.

    ii.   Special lectures on yogic therapy were given by Mr. Rakesh Dauneria director of kaivalyadham Bhopal.

    iii.   The department students participate in national and international conference of yoga and national level of yoga competition

A.24 Record and List of the teaching methods adopted by the faculty for different programmes.

    i.   Classroom lecture method.

    ii.   Teaching through power-point presentations.

    iii.   Demonstration method for practical.

    iv.   Group discussion methods.

    v.   Classroom seminars.

A.25 Record of Monitoring by the department ensure that programme objectives are constantly met and learning outcomes are monitored

    i.   Comprehensive viva-voice is conducted in each semester for it.

A.26 Details and Highlight of the participation of students and faculty in extension activities in the department.

    i.   Cultural activities are organized for the students at regular intervals.

A.27 Details of "beyond syllabus scholarly activities" of the department.

    i.   Organization of departmental seminal for PG and research students.

    ii. Organization of expert lectures on personality , Health development injuries, measurement and evaluation and research etc.

A.28 Information about programme/ department accreditation/grading by other agencies? If yes, give details.   -NIL

A.29 Write up of highlight the contributions of the department in generating new knowledge, basic or applied.

Deprtment has trained students in yoga Providing the knowledge regarding health and fitness, role of Yogic Therapy in the life of a human being, and knowledge in prevention and treatment of injuries and illness

A.30 Write up of Future plans of the department.

1.   To start certificate course of yoga in winter (1.5 month).

A.31 Record of any five Strengths, Weaknesses, Opportunities and Challenges (SWOT) of the department.

Strengths -

    i.   It provide legal certification course.

    ii.   Computers with Internet facility and projectors for students.

    iii. Good infrastructure

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Weaknesses -

    i.   Adequate teachers are required according to student teacher ratio.

    ii. Lack of awareness of course**.**

    iii. Lack of fund for R&D

Opportunities -

    i.   It make society healthy.

    ii.   It provide opportunity to become a member of International Yoga Federation.

    iii.   It provide facility to organize national and international conference .

Threats

    i.   Permanent administrative staff is required

    ii.   Increasing large number of fitness centers.

    iii.   .Lack of Fund

A.32 Write up of efforts for Quality Sustenance and Assurance in the department

    i.   Feedback from students before the end semester examination is collected for each course and for each faculty members including visiting faculties and evaluated. The final findings are circulated to concerned faculty and compiled report is sent to the IQAC website of the university.

CRITERION I: Curriculum Design and Development

1.1.1   Academic Year of Revision, Curriculum of Each Course, Objective and Course plans of each paper taught in the course
         Whether uploaded on website

Yes | ✓ | No | |

1.1.1.A Eligibility for admission to each course

Course	Eligibility
PGDYT	Graduation with 45% marks Marks and has passed the qualifying entrance examination conducted by the department .
M.A.	Graduation with 45% Marks + One Year Yoga Diploma and has passed the qualifying entrance examination conducted by the department ..
Ph.D.	Master of Yoga, obtaining at least 55% Marks and has passed the qualifying entrance examination conducted by the university for course work (Eligibility as per university ordinance norms).

1.1.1.B   Whether reflects Vision and mission reflection

Yes | ✓ | No | |

1.1.1C Write on reflection of vision and mission

Vision -

The vision of institute is to Fostering global competences and to making the yoga center a best yoga educator institution.

Mission –

make healthy and adopt yoga as a profession who will serve the Nation by their knowledge and skill to make healthy society and become For the purpose of attaining the above aim the following objectives are to be given specific attention:-

i.   To work for creating yoga educators for Hospitals,schools, colleges and health mental and physical fitness consultant for people of society.

ii. Spread health consciousness among people through Yoga.

iii. Provision of scientific professional service to the workers of different Healthclub,Hospitals .
.

1.1.2 Details of process followed in last revision of Curriculum

A. Need Assessment .

i.   New subjects have been added in the curriculum and the up gradation of the syllabi for all the semesters is a continuous process.

B. Faculty involved in curriculum design (List of members)

Name of Faculty	Courses
Dr. Shiv Shankar Sharma	6 week C.C., PGDYT.,M.A..
Mr.Anurag Sharma	6 week C.C., PGDYT.,M.A..,

C. Records of Departmental Committees/Board approvals of the designed curriculum - **File maintained in the department**

D. Records of External Experts Opinion of the designed curriculum
  - **File maintained in the department**

E. Records of External Experts Feedback of the designed curriculum
  - **File maintained in the department**

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F. Records of Student Feedback opinion on the existing curriculum
   - **File maintained in the department**

G. Records of Syllabi of National tests, Eligibility Tests and Examinations for example, GATE, NET, Service Commissions, National Councils, for the each curriculum, if any,   -**NIL**

1.1.1 Detailed write up out each course in reference to
   * **Employability** -:

   i. The graduates and postgraduates of these courses have a wide range of opportunity in different fields. They will be qualified to be appointed as Teachers and Lecturers in Universities Colleges & yoga teachers in Schools and also become health /fitness experts and entrepreneur in health clubs and hotels.

   * **Innovation**

      yoga educators for Hospitals,schools, colleges and health mental and physical fitness consultant for people of society.and they can also open their own health club and fitness center .

   * Research

   * Department is also conducting Ph.D. programme according to the university ordinance .

1.1.4 Records of UGC/AICTE/National Council, Regulating bodies Guidelines for the development and restructuring the curriculum, if any,
      Department Faculty members, if any, involved in leading any curricular reform which has created a national impact?
                        - **NIL**

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1.1.5 A. Record of Interactions, Opinions and Feedbacks for the designed curriculum with External Research Bodies - **NIL**
B. Records of Interactions, Opinions and Feedbacks for the designed curriculum   with Industrial Experts, particularly in case of Professional Courses - **File maintained in the department**

C. Records of Interactions, Opinions and Feedbacks for the designed curriculum   with Stake Holders, such as eminent personalities, Visitors to the departments, parents - **File maintained in the department**
D. Records of Alumni opinion on the existing curriculum (may be taken in an Alumni Register) - **File maintained in the department**

1.1.6 List of Department Courses which are also introduced in University affiliated colleges also. List of colleges who introduced those courses

Course	Introduced in University affiliated colleges
M.A.	Shri Atal Bihari Vajpayi Govt. Collage Indore
Diploma In Yoga Edu.	Shri Atal Bihari Vajpayi Govt. Collage Indore

1.1.7 Details of additional skill-oriented programmes designed for the colleges, Employees, Faculty relevant to regional needs

 Yoga meditation organize and facility available for employes and faculties

1.2 Academic Flexibility

1.2.1   List of Courses taught in Department on campus
* Overseas programmes offered on campus
* Programmes available for colleges to choose from   - **NIL**

]

1.2.2   Records on the following provisions with reference to academic flexibility

     a. List of Core/ Elective options
     b. List of Enrichment courses - **NIL**

     c. List of Courses offered in modular form - **N/A**

     d. List of courses/papers with Credit accumulation and transfer facility - **NIL**

     e. Details of Lateral and vertical mobility within and across programmes, courses and disciplines **NIL**

1.2.3 Records of International students   **NIL**

1.2.4 Records of Courses developed targeting international students, if any
NIL

1.2.5 Record of dual degree and twinning programs   **NIL**

1.2.6   A. List of students, Admission Process, Fee structure of each program
    File maintained in the department

    B. Record of Teacher qualification and salary parity and differences (if any) at par with the aided programmes **NIL**

1.2.7   Operational details of distance Education Course in the department (if applicable) **N/A**

1.2.8   Details of Choice Based Credit System (CBCS)   **NIL**

1.2.9 Records of Departmental Academic Calendars of each semester
File maintained in the department

1.2.10 Records of Inter-disciplinary programmes, Name of interdisciplinary program and details of students undertaken those programmes.
NIL

1.3 Curriculum Enrichment

1.3.1   A. Record of academic years in which each of the courses was revised
B. Records of review, up-gradation,
C. Records of social relevancy,
D. Records of job orientation
E. Records of knowledge intensive nature of each course
F. Records of meeting the emerging need of students
G. Records of meeting the emerging need of stakeholders

1.3.2 Details of the last four years during which how many new programmes at UG and PG levels were introduced
* Inter-disciplinary   Nil
* programmes in emerging areas   Nil

1.3.3 A. Details of strategies adopted for the revision of the existing programmes
i.   Feedback from the students is taken and board of studies take decisions to revise the programme.

B. Percentage of courses underwent a syllabus revision in last four years
- 100%

1.3.4 A. Details of Value-added courses offered **NIL**

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B. Details of these courses access to students

1.3.5 Details of higher order skill development programmes in consonance with the national requirements (for example, innovative M. Tech. /M.E. courses, CCNA, CCSP, ….)   **N/A**

1.4   Feedback System

1.4.1   A. Copy of Feedback form to obtain feedback from students/student class representatives regarding the curriculum

- **File maintained in the department**

B. Details of action and use of on feedback from students

i.   Students' feedback are collected at the end of each semester and evaluated by a committee.

ii.   The quality and weaknesses of the teacher are evaluated on a percentile scale and have been given back to the concern teacher for self-improvement.

1.4.2   A. Method used for eliciting feedback on the curriculum from national and international faculty -   NIL

B. Conducting webinars

C. Curriculum development Workshops

D. Curriculum development online discussions

E. Impact of Workshop and discussions

1.4.3 Specify the mechanism through which affiliated institutions give feedback on curriculum enrichment and the extent to which it is made use of.

Planned in 2013-14.

1.4.4 What are the quality sustenance and quality enhancement measures undertaken by the Department in ensuring the effective development of the curricula?

i. Feedback from the students
ii. Suggestions from the external experts of the board of the studies.
iii. Suggestions from eminent personalities of the field.

1.4.5 Any other information regarding Curricular Aspects which the UTD would like to include.

i. Grade-Credit System is followed.
ii. Curriculum update based on the current needs of the Schools and advances in knowledge.
iii. Evaluation process are revised regularly practical oriented area of the course .

CRITERION II: TEACHING-LEARNING AND EVALUATION

2.1   Student Enrolment and Profile

2.1.1   Copy of Advertisements and website info for ensuring publicity and transparency in the admission process –

File maintained in the department

2.1.2   A. Write up details of the process of admission put in place by the department

i.   Students for the all the courses are admitted through entrance examination all get admission because demand ratio is 1:11

ii.   State government's norms are followed in admission process for reserved categories and women.

2.1.3   Details of admission process in the affiliated colleges if department is monitoring the same.

Department is conducted Entrance test for PGDYT

2.1.4   Student profile analysis

Most of the students are belongs to the rural , tribal, urban background.

2.1.5   Strategies adopted to increase/improve access for students belonging to the following categories:

* SC/ST
* OBC
* Women
* Persons with varied disabilities
* Economically weaker sections
* Outstanding achievers in sports and other extracurricular activities

i. According to the policies of state government the scholarship is availed by the SC, ST and OBC students and reservation in admission to these categories students and women.

2.1.6 Number of students admitted in department in the last four academic years:

Categories	Year 1		Year 2		Year 3		Year 4	
	Male	Female	Male	Female	Male	Female	Male	Female
SC	06	05	08	06	03	03	04	03
ST	-	03	05	02	02	04	04	03
OBC	03	03	12	05	08	04	02	03
General	08	05	05	06	10	04	10	05
Total	17	16	30	19	23	15	20	11

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2.1.7   A. Record of demand ratio for the various programmes of the university
departments

B. If yes then highlight the significant trends explaining the reasons for
increase/decrease.

Programmes	Session	Number of Seats	Number of applications	Number of students admitted	Demand Ratio
Diploma In Yoga	2008-09	30	60	30	1:2
	2009-10	30	50	30	1:1.6
	2010-11	30	60	30	1:2
PGDYT	2011-12	30	30	16	1:1
	2012-13	30	40	20	1:1.3
M.A.(Yoga)	2008-09	20	40	20	1:2
	2009-10	20	40	20	1:2
	2010-11	20	20	16	1:1
	2011-12	20	30	20	1:1.5
	2012-13	20	20	14	1:1
Integrated Masters	-		-	-	-
Ph.D.	2012-13		10	06	1:1.6
Integrated Ph.D.	-		-	-	-
Six Week Certificate Course In Yoga	-		-	-	-
Diploma	-		-	-	-

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2.1.8 A. Record of any programme discontinued/staggered in the last four years? **NIL**

   B. If yes, write-up of the reasons.

2.1.9 Record of Admissions

Programmes	Session	Total Number of admissions	Number of 1st division pass students in qualifying	Number of 2nd division pass students in qualifying	Entrance test Marks% (Min)
UG					
PG (M.A)	2012-13	14	12	02	-
Integrated Masters	-	-			
M.Phil.	-	-	-	-	-
Ph.D.	2012-13	06	-	-	-
Integrated Ph.D.	-	-	-	-	-
Certificate	2012-13	80	60	20	-
Diploma	-	-	-	-	-
PG Diploma	2012-13	20	09	11	-

2.2 Catering to Diverse Needs of Students

2.2.1 A. Record of organization of orientation/ induction programme for freshers

NIL

   B. Details such as the duration, issues covered, experts involved and mechanism for using the feedback in subsequent years.

NIL

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2.2.2   A. Record of analysis of the "differential requirements of the student population" after admission and before the commencement of classes

      B. Record of key issues identified and addressed **NIL**

2.2.3   A. Record of bridge/remedial/ add-on courses **NIL**

      B. Time table and details of the courses offered in the department-wise for all courses

2.2.4   A. Record of the academic growth of students from disadvantaged sections of society, economically disadvantaged, physically handicapped, slow learners, etc

      B. Main findings? **N/A**

2.2.5   Record of identification and responses to the learning needs of advanced learners

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2.3   Teaching-Learning Process

2.3.1   Records of Plan and organisation of the teaching, learning and evaluation schedules (teaching plan, evaluation schedules and methods, etc.)

Following records are available in the department-

      i.   Academic Calendar well in advance.

      ii.   Schedule of internal and end semester exams are notified well in advance.

      iii.   Evaluation schedule is given to the teachers to complete their evaluation work well in time through central valuation method.

2.3.2   A. Record and website info of providing course outlines and course schedules prior to the commencement of the academic session

File maintained in the department

    B. Methods used for effective implementation

   i. Departmental website is updated from time to time.

    ii. Outline and details of all courses are available on website and

     updated timely.

   ii. Schedule of entrance exams, academic calendar and time table of

    all courses are available and updated on website.

2.3.3   A. Record of difficulties in completing the curriculum within the stipulated time frame and calendar

              NO

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B. Write up of the challenges encountered and the departmental measures to overcome these.

   i. Extra classes are arranged by concerned faculty to complete their course.

2.3.4   A. Record of student-centric learning activities

Practical teaching ensure student centric learning

B. List of participatory learning activities which are adopted by the faculty that contributes to holistic development and improved student learning, besides facilitating life-long learning and knowledge management.

Demonstrations and practical training imported

2.3.5   List, record with photographs of activities such as invited experts/people of eminence to deliver lectures and/or organize seminars for students

File maintained in the department

2.3.5 Photo Records of activities such as short-term courses, certificate courses
and training programs

S.No	Year	Photograph and Video
1	2009-10	Yes
2	2010-11	Yes
3	2011-12	Yes
4	2012-13	Yes

File maintained in the department

2.3.6 Record of Encouragement to blended learning by using e-learning resources

Video lectures and CD's from web tutorial donloaded from net available

2.3.7 Record of facilities such as virtual laboratories, e-learning, open educational resources and mobile education used by the faculty for effective teaching

e-learning average using it

2.3.8 Record of activities of designated group among the faculty to monitor the trends and issues regarding developments in Open Source Community and integrate its benefits in the university's educational processes

NIL

2.3.9 Record of steps taken to convert traditional classrooms into 24x7 learning places

Department is having two rooms with LCD projector facility.

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2.3.10 A.   Record of actions taken to avail the services of counsellors/mentors/advisors for each class or group of students for academic, personal and psycho-social guidance

Faculty / Mentors Name	Class
Dr. S.S.Sharma	M.A.
Mr. Anurag Sharma	P.G.Diploma In Yoga Therapy

B. Details of the process and the number of students who have benefitted.

We have Implemented this year

2.3.11 A. Record of innovative teaching approaches/methods/practices adopted/put to use by the faculty during the last four years?

i.   Classroom lecture method.
ii.   Teaching through power-point presentations.
i.   Demonstration method for practical.
ii.   Group discussion methods.
iii. Classroom seminars.

B. Write up of improvement in learning by innovative methods

i.   Advance topics are being added in our course curriculum.
ii.   Innovative skills such as searching and referring the research articles.
iii. Presentation of research proposals and explanation through using advanced innovative methods.

C. Record of recognition to the faculty due recognition for innovation in teaching

NIL

2.3.12 Record of actions for creating e a culture of instilling and nurturing creativity and scientific temper among the learners

2.3.13 A. Record of student projects (if mandatory in each of the learning programme**)** **Nil**

B. Number of projects executed within the university

Nil

C. Names of external institutions associated with the University for Student Project Work

Nil

D. Role of faculty in facilitating such projects

Nil

2.3.14 A. Record of shortfall in qualified faculty to meet the requirements of the curriculum
   i.   Department is very much needed adequate number of faculties to meet the proper teacher-student ratio.
   ii. At least 04 more faculties are required to fulfill the recommended ratio of student : teacher .

B. Record of actions for shortfall supplementation
   i.   Five visiting faculty member take the classes.

2.3.15 Number of percentage of faculty enabled to prepare computer-aided teaching/ learning materials

50%

2.3.16 A. Record of Student feedback for evaluation of teachers by the students
File maintained in the department

B. Record of Alumni feedback for evaluation of teachers by the students
File maintained in the department

C. Methods used and Impact of the evaluation feedback used to improve the quality of the teaching-learning process

i.   The quality and weaknesses of the teacher are evaluated on a percentile scale and have been given back to the concern teacher for self-improvement.

2.4   Teacher Quality

2.4.1   Record of how the plan and management of human resources was done to meet the changing requirements of the curriculum

2.4.3   Diversity in its faculty recruitment

Department / School	% of faculty from the same university	% of faculty from other universities within the State	% of faculty from universities outside the State	% of faculty from other countries
Yoga Center	100%	-	-	

2.4.4   A. List of qualified faculty appointed for new programmes/emerging areas of study (Bio-technology, Bio-informatics, Material Science, Nanotechnology, Comparative Media Studies, Information Technology, Diaspora Studies, Forensic Computing, Educational Leadership, etc.)?
Nil

B. Number of faculty members appointed to teach new programmes during the last four years

Nil

2.4.5   List of academic recharge and rejuvenation of teachers

   A. List of faculty availed and provided research grants by the University

Nil

   B. List of faculty availed and on study leave

NIL

   C. List of faculty nominated to national/international conferences/ seminars, in-service training , organizing national/international conferences etc.

   1.   Acted as judge for Yoga seminar of Shri Atal Bihari Vajpayi Govt College indore on April 27th- 28th 2013

2.4.7   List of faculty received awards / recognitions for excellence in teaching at the state, national and international level during the last four years

Nil

2.4.8   List of faculty underwent staff development programmes during the last four years (add any other programme if necessary)?

Academic Staff Development Programmes	Number of faculty
Refresher courses	01
HRD programmes	
Orientation programmes	01
Staff training conducted by the university	
Staff training conducted by other institutions	
Summer / Winter schools, workshops, etc.	

2.4.9   Percentage of the faculty have

* been invited as resource persons in Workshops / Seminars / Conferences organized by external professional agencies = **30%**
* participated in external Workshops / Seminars / Conferences recognized by national/ international professional bodies = **20%**
* presented papers in Workshops / Seminars / Conferences conducted or recognized by professional agencies = **30 %**
* teaching experience in other universities / national institutions and other institutions = **Nil**
* industrial engagement = **Nil**
* international experience in teaching = **Nil**

2.4.10   List and details of organization of academic development programmes (*e.g.*: curriculum development, teaching-learning methods, examination reforms, content / knowledge management, etc.) for its faculty aimed at enriching the teaching-learning process

Nil

2.4.11   A. List of faculty encouraged
* Mobility of faculty between universities for teaching
* Faculty exchange programmes with national and international bodies
Nil

B. Record of schemes helping in enriching the quality of the faculty by such mobility and faculty exchanges

Nil

2.5   Evaluation Process and Reforms

2.5.3   A. Record of time taken by the department for declaration of examination results each semester

      i.   The results are declared within 15 days after the completion of end semester examination.

-File maintain in the department

    B. Record of means adopted for the mode / media adopted for the publication of examination results (Website, SMS, email, etc.).

      i.   The declaration of end semester results and entrance exam results are uploaded on the departmental website.

- File maintained in the department

2.5.4   A. Record of ensuring transparency in the evaluation process

      i.   Students are free to see their evaluated answer sheets and also can discuss with concerned faculty.

      ii.   The Central valuation system is adopted and teachers are ask to do their evaluation in prescribed evaluation room.

    B. Measures taken to ensure confidentiality

      i.   Department have separate examination control room with restricted entry for outsiders and students.

    C. Record of the Pre-examination processes – Examination Time table generation, student list generation, Invigilators, Attendance sheet,

      i.   All faculty members discuss and decide time table and schedule in departmental committee.

-File maintained in the department

D. Results of students course wise and its analysis

-File maintained in the department

2.6.   Student Performance and Learning Outcomes

2.6.1   A. Write up of articulation of its Graduate Attributes of the department

   i.   Graduates have theoretical concepts and practical skills to educate students and   the graduate have social values and are environmentally conscious to utilize their soft and hard skills to perform best.

   B.   Record of facilitation of monitor the implementation and outcome

2.6.2   A. Record of learning outcomes for its academic programmes

Pass in exam -   100%

Placement -   0%

B. Record of making students and staff are made aware of these

NIL

2.6.3   Write up of department teaching, learning and assessment strategies structured to facilitate the achievement of the intended learning outcomes

   i.   The syllabus of the courses designed to target aspects of basic concepts, advance course and subject's components and employability.

   ii.   Students assessed by practical performance, examination, and discussions and power point based presentations delivered by students followed by a viva-voce.

2.6.4   Record of collection and analysis of data on student learning outcomes and use it to overcome the barriers to learning

   i.   Graduates have theoretical concepts and practical skills to

educate students and the graduate have social values and are environmentally conscious to utilize their soft and hard skills to perform best.

2.6.5   Write up of new technologies deployed by the department in enhancing student learning and evaluation and how does it seek to meet fresh/ future challenges

-Internet, PPT and web resources

2.6.6 Any other information regarding Teaching, Learning and Evaluation which the department would like to include.

CRITERION III: RESEARCH, CONSULTANCY AND EXTENSION

III.1 Year-wises Publications in the department:

NIL

III.2 Number of papers published in peer reviewed journals (national / international)

NIL

Monographs

Chapters in Books

Edited Books

Books with ISBN with details of publishers

Number listed in International Database (For *e.g.* Web of Science, Scopus, Humanities International Complete, Dare Database - International Social Sciences Directory, EBSCO host, etc.)

Citation Index – range / average

SNIP

SJR

Impact Factor – range / average

h-index

III.3 List and Records and Details of patents and income generated

NIL

III.4 List and Record of Areas of consultancy and income generated

NIL

III.6 List and Record of Faculty selected nationally/internationally to visit other laboratories in India and

N/A

III.6 List and Record of Faculty serving in
National committees b) International committees c) Editorial Boards d) any other (please specify)

1. Member Selection Committee, Indore University of all india yoga championship
2. Appointed As A Member Of Task Group For Student Support And Progression Of The University (Letter Dated – 01.11.12)

III.7   Research thrust area recognized by funding agencies for the department

UGC Delhi

III.8 Number of faculty with ongoing projects from a) national b) international funding agencies and c) Total grants received. Give the names of the funding agencies and grants received project-wise.

Nil

III.9 List and details of Inter-institutional collaborative projects and grants received
All India collaboration b) International   **Nil**

III.10 List and details of Departmental projects funded by DST-FIST; UGC-

SAP/CAS, DPE; DBT, ICSSR, etc.; total grants received.

NIL

III.11 List and Details of Research facility / centre with

- state recognition
- national recognition
- international recognition

III.12 List and details of Special research laboratories sponsored by / created by industry or corporate bodies

N/A

3.1   Promotion of Research

3.1.1   A. Composition of Departmental Research Committee, List of members and minutes of its meeting

B. Records of DRC regarding monitoring and addressing issues related to research

C. Record of DRC recommendations which have been implemented and their impact.

3.1.2   Information of research centers in its affiliated / constituent colleges which are monitored by the DRC of the department

3.1.3 Details of the   -   **N/A**
* advanced funds for the sanctioned projects
* providing seed money
* Simplification of procedures related to sanctions / purchases to be made by the investigators
* Autonomy to the principal investigator/coordinator for utilizing overhead charges

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* Timely release of grants
* Timely auditing
* Submitted utilization certificates to the funding authorities

3.1.4   Record of interdisciplinary research promoted   **N/A**
* with other departments /schools of the university and
* collaboration with national/international institutes/industries

3.1.5   Details of workshops/ training programmes/ sensitization programmes conducted by the department to promote a research culture on campus

NIL

3.1.6   A. Details of visits of researchers of eminence to visit the campus as adjunct professors

B. Impact of such efforts on the research activities of the university

3.1.7   A. Percentage of the total budget of the department which is earmarked for research

approximately 10%

B. Details of heads of expenditure, financial allocation and actual utilization

Seminar, Research Equipments

3.1.8   A. Details of University funded research and awarded Post Doctoral Fellowships/Research Associateships   **NIL**

B. List of students registered with record of source of funding by the

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university and other sources   **NIL**

3.1.10   A. List and percentage of faculty which have utilized the sabbatical leave for pursuit of higher research in premier institutions within the country and abroad

   B. Record of the output of these scholars   **NIL**

3.1.11 A. Details with photographs of national and international conferences organized

<div align="center">

N/A

</div>

   B. List highlighting the names of eminent scientists/scholars who participated in these events.

<div align="center">

N/A

</div>

3.2   Resource Mobilization for Research

3.2.1 Record of Financial provisions made in the university budget for supporting students' research projects

<div align="center">

NIL

</div>

3.2.2 A. Record of special efforts to encourage its faculty to file for patents
   B. List of registered and accepted patents.   **N/A**

3.2.3 Details of ongoing research projects of faculty: **NIL**

	Year wise	Number	Name of the project	Name of the funding agency	Total grant received
A. University awarded projects					
Minor projects					
Major projects					
B. Other agencies - national and international (specify)					
Minor projects					

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Major projects					

3.2.4   A. Record of projects sponsored by the industry/corporate houses

     B. Details such as the name of the project, funding agency and grants received.

<div align="center">

NIL

</div>

3.2.5   A. Details of Department recognition for their research activities by national / international agencies (UGC-SAP, CAS; Department with Potential for Excellence; DST-FIST; DBT, ICSSR, ICHR, ICPR, etc.) and the quantum of assistance received

<div align="center">

NIL

</div>

     B. Record of any two significant outcomes or breakthroughs achieved by this recognition.

<div align="center">

NIL

</div>

3.2.6   List details of

    a. research projects completed and grants received (funded by National/International agencies).

NIL

    b. Inter-institutional collaborative projects and grants received
    i) All India collaboration
    ii) International

NIL

3.3 Research Facilities

3.3.1   A. Infrastructure in the department to facilitate research

File maintained in the department

  B. Strategies have been evolved to meet the needs of researchers in emerging disciplines

3.3.2   A. Information and Resources catering to the needs of researchers of the department

Equipment Lab, library

  B. Details of the facility.

List enclosed

3.3.3   Record of University Science Instrumentation Centre (USIC) facilities been made available to research scholars

NIL

3.3.4   Record of provision of residential facilities (with computer and internet facilities) for research scholars, post-doctoral fellows, research associates, summer fellows of various academies and visiting scientists (national/international)

JRF and other scholars are provided facilities as per university rules.

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3.3.5   Details of Uses of the Facilities of IUC, CAT, NRCS, IIT Indore and other specialized Research Centers for research

N/A

3.4   Research Publications and Awards

3.4.1   Research journal published, if any, from the department(s)? If yes, indicate the composition of the editorial board, editorial policies and state whether it/they is/are listed in any international database.

NIL

3.4.2   Details of publications by the faculty: **NIL**

* Number of papers published in peer reviewed journals (national / international)

* Monographs

* Chapters in Books

* Books edited

* Books with ISBN with details of publishers

* Number listed in International Database (For *e.g.* Web of Science, Scopus, Humanities International Complete, EBSCO host, etc.)

* Citation Index – range / average

* SNIP

* SJR

* Impact Factor – range / average

* h-index

3.4.3   Details of   --   **NIL**

  * faculty serving on the editorial boards of national and international journals
  * faculty serving as members of steering committees of international conferences recognized by reputed organizations / societies

3.4.4   Details of   **NIL**

  * research awards received by the faculty and students
  * national and international recognition received by the faculty from reputed professional bodies and agencies

3.4.5   A. Number of successful M.Phil. and Ph.D. scholars guided per faculty during the last four years

NIL

B. University participate in *Shodhganga* by depositing the Ph.D. theses with INFLIBNET for electronic dissemination through open access

Central library

3.4.6   A. Record of Promotion e interdisciplinary research   **N/A**

   B. Number of interdepartmental / interdisciplinary research projects undertaken

   C. Mention the number of departments involved in such endeavours

3.4.8   List of University instituted research awards to the faculty of the Department

NIL

3.4.9   Details of incentives given to the faculty for receiving state, national and international recognition for research contributions

NIL

3.5   Consultancy

3.5.1   Important consultancies undertaken by the department during the last four years.

   Department faculty and students provided Technical advice for marking , thaerapy for various diseases

3.5.2   A. Department participation in university-industry cell   **N/A**

   B. If yes, what is its scope and range of activities

3.5.3   Record of publicizing the expertise of the department for consultancy services

3.6   Extension Activities and Institutional Social Responsibility (ISR)

3.6.1   A. Department records of sensitization of faculty and students on its Institutional Social Responsibilities

NIL

B. List the social outreach programmes which have created an impact on students' campus experience during the last four years.

Intercollegiate competitions, Educational Tour, Leadership Training Camps are regularly organized

3.6.2 Promotion of neighborhood network and student engagement and holistic development of students and sustained community development?

Faculty discussed about the good habits and life style, how to bear work and other pressures without affecting health? How to remain happy, our social responsibilities, become a good human being besides a successful person? Such discussions were made on several occasions such as annual festival etc.

3.6.3 Record of participation of the students and faculty in extension activities including participation in NSS, NCC, YRC and other National/ International programmes

    i.   Some of the students participate in NSS Training Programmes.

    ii.   Most of the students participate in Inter University Competitions in different games and sports.

    iii.   Students regularly going to officiate various tournaments organized by different schools and colleges.

3.6.4 Records of tracking the students' involvement in various social movements / activities which promote citizenship roles

    i.   Interdepartmental games conducted by UTD (February 28 to March 02, 2013).

3.6.6   Write up of the values inculcated and skills learnt during extension activities.

Events inspired the students to work for every small aspects without any hesitation such as cleaning and beautification of our department, the challenges, social and cultural flavor and how to retain it etc.

3.6.7   Department community in its institution is different activities

3.6.8   Details of awards received by the institution for extension activities and/contributions to social/community development during the last four years

Conducted various Co-curricular and cultural activities such as dance, solo song, acts and mimicry regularly

3.7   Collaboration   NIL

A.   MOU Copies and Record of collaboration with other agencies impacted the visibility, identity and diversity of activities on campus

B.   Record of benefits academically and financially because of collaborations

3.7.2   Records of linkages resulted in
   * Curriculum development
   * Internship
   * On-the-job training
   * Faculty exchange and development
   * Research
   * Publication
   * Consultancy
   * Extension
   * Student placement
   * Any other (please specify)
      o

3.7.3   A.   Copy   of   MoUs   with   institutions   of   national/international importance/other universities/ industries/corporate houses etc.
B. Record of enhanced the research and development activities

NIL

3.7.4   Have the university-industry interactions resulted in the establishment / creation of highly specialized laboratories / facilities?

N/A

3.7.5 Any other information regarding Research, Consultancy and Extension, which the university would like to include.

CRITERION IV: INFRASTRUCTURE AND LEARNING RESOURCES

4.1 Physical Facilities

4.1.1   A. Details of Department physical infrastructure

i. One Main Building Block (including classrooms, offices, staffroom, Pratical hall,meditation girls common room, library etc.)
Size – 1165.45 SQM.

B. Maintenance of Laboratories for its optimal utilization

NIL

C. Maintenance of Computers for its optimal utilization

NIL

D. Maintenance of UPSes, Power Supplies

NIL

E. Maintenance of support services, sanitation, first aid boxes

Support services like water cooler, water filter, tea-coffee machine etc., cleanliness of toilets, changing rooms etc. and first boxes are regularly maintained by the department.

F. Maintenance of building, garden, indoor games structure

Departmental is maintaining both building blocks, garden, indoor games structure regularly.

4.1.2   Record of new initiatives for Infrastructure for promote a good teaching-learning environment- Internet, Wi-fi, Power Point Projectors, Video Equipment

     i.   All the faculty members are having computer with internet facility in their cabin.

     ii.   Two multimedia projectors are available in the department out of which one is fixed in a classroom for teaching and other is kept portable for other use.

4.1.3   Physical ambience for the faculty in terms of adequate research laboratories, computing facilities and allied services

NIL

4.1.4   List of Facilities like office room, common room and separate rest rooms for women students and staff

Office Room	**01**
Girls Changing Room	01
Library	01
Practical Hall	01
Store room	01
Classrooms	02
Meditation hall	01

4.1.5   List of the infrastructure facilities are disabled-friendly   **N/A**

4.1.8   Departmental special facilities are available on campus to promote students' interest in sports and cultural events/activities

NIL

4.2   Library as a Learning Resource

4.2.1   Details of departmental library facilities:

4.2.2   Provide details of the departmental library:

* Total area of the library (in Sq. Mts.)   -   **43.20   Sq**. Mts.
* Total seating capacity   -   **20**
* Working hours (on working days, on holidays, before examination, during examination, during vacation)

On working days	-	**07:00 hours**
On holidays	-	**Nil**
Before Examination	-	**11**

hours

During examination	-	**11 hours**
During vacation	-	**07:00 hours**

* Layout of the library (individual reading carrels, lounge area for browsing and relaxed reading, IT zone for accessing e-resources)

* Clear and prominent display of floor plan -   -   **Yes**
* Adequate sign boards;   -   **YES**
* Fire alarm;   -   **No**
* Access to differently-abled users and   -   **N/A**
* Mode of access to collection   -

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4.2.3   Departmental library holdings:
   a) Print (books, back volumes and theses)   -   **416 books**

   b) Average number of books added during the last three years -- **200**

   c) Non Print (Audio Video, CDs, Downloaded Articles)
                                                    - CDs are available

   d) Electronic (e-books, e-journals)   -   **Nil**

   e) Special collections (e.g. text books, reference books, standards, patents)   **-Yog Mimansa Volume 1- 44**

4.2.4   Records of tools the library deploys to provide access to the collection
                              Use central library
   * OPAC
   * Electronic Resource Management package for e-journals
   * Federated searching tools to search articles in multiple databases
   * Library Website
   * In-house/remote access to e-publications

4.2.5   Use of ICT deployed in the library
   * Library automation   -   **No**

   * Total number of computers for public access   -   **No**
      o Separate computer Lab is near to the library,
         Whereas wifi is available in departmental library
         where students are using their own laptops.

   * Total numbers of printers for public access   -   **Nil**

   * Internet band width speed   □ 2mbps □ 10 mbps □ 1 GB

* Institutional Repository   -   **Nil**

* Content management system for e-learning   -   **Nil**

* Participation   in   resource   sharing   networks/consortia   (like INFLIBNET) - **NIL**

4.2.6   Details (per year) with regard to
   * Ratio of library books to students enrolled   - **1 student : 4 books**
   * Average number of books added during the last four years -- **200**
   * Assistance in searching Databases -- **by list**
   * INFLIBNET/IUC facilities - **NIL**

4.2.8   Annual departmental library budget and the amount spent for purchasing new books and journals.   – Rs 25000

4.3   IT Infrastructure

4.3.1   Details of Department IT and ICT Infrastructure

4.3.2   Details of the computing facilities i.e., hardware and software.

- Number of systems with individual configurations

No. of Computers	Processor	Operating System
01	Intel Pentium - 4	Windows XP

- Computer-student ratio 50:1
- Dedicated computing facilities
- LAN facility   - **YES**
- Proprietary software
- Number of nodes/ computers with internet facility   - **01**
- Any other (please specify)

4.3.3   Plans and strategies for deploying and upgrading the IT infrastructure and associated facilities

   i. Purchase of new computers and UPS for faculties and students, and up gradation of some softwares is also to be done.
   ii. Purchase of one new multimedia projectors to equip all the classrooms.

4.3.4   Details on access to on-line teaching and learning resources and other knowledge and information database/packages provided to the staff and students for quality teaching, learning and research.

   i.   Faculty provide power-point slides presentation of their lectures to the students individually.
   ii. Use of online teaching and learning resources planned for 2013-14

4.3.5   IT facilities available to individual teachers for effective teaching and quality research

N/A

4.3.8   A. Details of ICT-enabled classrooms/learning spaces available -   **one LCD projector and Internet**

 B. Record of utilization for enhancing the quality of teaching and learning
   a. Power point presentations are available as record. Also student feed-back copies and analysis available.

4.3.9   Records of Faculty and computer- aided teaching-learning materials

i.   Faculty members are presenting PPTs and research articles are being planned to host on websites through IT center.

4.3.10 Department availing of of the National Knowledge Network connectivity

4.3.12 Record of Availing of web resources such as Wikipedia, dictionary and other education enhancing resources

 Planned for 2013-14

4.3.13 Department budget for the update, deployment and maintenance of computers

Rs. 2500

4.3.14 Details of plans envisioned for the gradual transfer of teaching and learning from closed university information network to open environment

      i.   Students are using various interactive sites and also accessing online journals

      ii.   Department is planning to upload ppt of lectures on department website.

      iii.   Department is gradually progressing towards information to open environment.

4.3 Any other information regarding Infrastructure and Learning Resources which the university would like to include.

CRITERION V: STUDENT SUPPORT AND PROGRESSION

5.1   Student Mentoring and Support

5.1.1   Department system, structural and functional characteristics for student support and mentoring

Accessibility of all the faculty during all working hours 24*7

5.1.2   Record of 'apart from classroom interaction', the provisions available for academic mentoring

    i.   Class room seminar and group discussion are regular feature.

    ii. Any time any where students can ask any query any guidance.

5.1.3   Record of department students utilization of personal enhancement and development schemes such as career counseling, soft skill development, career-path-identification, and orientation to well-being for its students.

S.No.	Name	Expert Lecture	Period
1	Dr.Rakesh dauneria	Yoga and Mental Health	2010-11
2	Dr.UmaShankar Tripathi	Meditation	2011-12

5.1.4   Department publish its updated prospectus and handbook info annually on website and online access of course plans, syllabi and result

Host at website

5.1.5   A. Records of the Timely dissipation of financial aid

C. Tables for type and number of scholarships/free-ships given to the students during the last four years the following categories: UG/PG/M.Phil/Ph.D./Diploma/others

Name of the Course	No. of students received scholarship from State Govt.		
	SC	ST	OBC
2009-10			
M.A.	04	-	04
DIP. IN YOGA	07	03	02
2010-11			
M.A.	05	04	08
PGDYT	09	03	09
2011-12			
M.A.	04	01	08
PGDYT	02	NIL	04
2012-13			
M.A.	Pending from the state	-	-
PGDYT	Pending from the state	-	-

5.1.6   Table of percentages of students receive financial assistance from state government, central government and other national agencies (Kishore Vaigyanik Protsahan Yojana (KVPY), SN Bose Fellow, etc.)

NONE

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5.1.7 Department use of International Student Cell, number and list of foreign students

Nil

5.1.8 Department support services available for

* Students participating in various competitions/conferences in India and abroad

i. Students regularly participate in state, national and university Yoga competitions.

ii. All post graduate department students participated in national conference of Yoga, organized by Other Universities.

* Physically challenged / differently-abled students   **-- N/A**

* SC/ST, OBC and economically weaker sections
    i. Providing extra guidance as and when asked.

* Health centre, health insurance etc.

i. University is having a health center.
ii. Department is having yogic therapy and Meditation lab.

* Skill development (spoken English, computer literacy, etc.)

Conducted a special lecture for personality development of students by Edge Makers on 28.09.2012 for the students.

* performance enhancement for slow learners

Faculty members provide assistance to the slow learners

* exposure of students to other institutions of higher learning/ corporates/business houses, etc.

i. The students provide consultancy services to various schools, colleges and health centers.

ii. Extension services are regularly provided to the people visiting the people.

iii. The classroom teaching and activity teaching exposure is being given to the students in the department and other schools of city.

* publication of student magazines   ---   **NIL**

* Record of student participation in sports and extracurricular activities

i. Students regularly participate in sports,   NSS ,cultural function.

5.1.9   Placement Records   **0%**

5.1.10 Number of students selected during campus interviews by different employers (list the employers and the number of companies who visited the campus during the last four years).   **NIL**

5.1.11 A. Record of registered Alumni Association

Alumni association is registered at university level deprtment alumni association planned for 2013-14.

B. Record of activities and contributions to the development of the department

C. Record of alumni meets   **NIL**

5.1.12 A. Committee members and record of student grievance redressal

-**University have central grievance cell**

B. Details of the nature of grievances reported and the redressal

- NIL

5.1.13 A. Record of anti-ragging committee

    i.   Anti Ragging committee is formed to stop the ragging completely.

    ii.   Committee sends report regularly to the university.

    iii.   Records are maintained in the department.

B. List of instances reported during the last four years and what action has been taken in these cases

    i.   Not a single case reported for ragging in the department.

5.1.14 Details of the cooperation rendered by parents, industry and its stakeholders to ensure the overall development of its students

Teacher-parents meetings are arranged regularly. Progress of the students are brought to the knowledge of the parents.

5.1.18 A. List of participation of women students in intra- and inter-institutional sports competitions and cultural activities

  i. The girls' students regularly participate in sports and cultural activities of department and university. Faculty arrange extra classes for those students . They also conduct special and semester examination for them.

B. List of participation of women students in intra- and inter-institutional

sports competitions and cultural activities

i.   Girls Students participated in the yoga displays and sports.

5.2   **Student Progression**

5.2.1   Analysis of progression and trends for the last four years.

Student Progression	%
PGDYT to PG*	**70**
PG to M.Phil.*	
PG to Ph.D.	**50**
Ph.D. to Post-Doctoral	
Employed • Campus selection • Other than campus recruitment	NIL

5.2.2   **Programme-wise pass percentage during the time span stipulated**

Name of the Course (refer to question no. 4)	Applications received	Selected		Pass percentage	
		Male	Female	Male	Female
2008-09					
M.A. - I	25	09	06	40%	23%

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Name of the Course (refer to question no. 4)	Applications received	Selected		Pass percentage	
		Male	Female	Male	Female
DIPLOMA IN YOGA EDU.	40	14	14	100%	100%
2009-10					
M.A. - I	20	08	05	70%	50%
DIPLOMA IN YOGA EDU.	40	15	16	96%	83%
2010-11					
M.A. - I	20	07	06	100%	100%
PGDYT-I	40	17	19	100%	90%
2011-12					
M.A. - I	20	07	06	100%	100%
PGDYT-I	20	10	06	70%	80%
2012-13					
M.A. - I	15	06	06	100%	100%
PGDYT-I	30	07	12	50%	92%
Ph.D.	-	03	03	-	-

5.2.3 Records of Number and percentage of students who appeared/qualified in examinations like UGC-CSIR-NET, UGC-NET, SLET, ATE / CAT / GRE / TOFEL / GMAT / Central / State services, Defense, Civil Services, etc.

NIL

5.2.4 List category-wise with details regarding the number of Ph.D./D.Litt./D.Sc. theses submitted/ accepted/ resubmitted/ rejected in the last four years

NIL

5.3   Student Participation and Activities

5.3.1   A. List the range of sports, cultural and extracurricular activities available
to students

   B.ports and extracurricular calendar and details of students'
       participation.

1. Indoor facilities for student i.e YOGA

5.3.2   Details of the achievements of department students in co-curricular,
extracurricular and cultural activities at different levels: University / State
/ Zonal / National / International, etc. during the last four years.

**Students won 2nd position in All India Yoga Competition in 2013-
14.**

5.3.3   A. Gathered data and feedback from pass-out graduates
   B. Gathered data and feedback from employers
   C. Use of the data for the growth and development of the department

File maintained in the department

5.3.4   Department special drives / campaigns for its faculty and students to
promote heritage consciousness
          Visit to heritage places around indore like maheshwar, central
          museum, lalbagh and ralamandal .

5.3.5   A. Records of Department involvement and encourage its students to
publish   materials like catalogues, wall magazines, departmental
magazine, and other material
   B. List the major publications/ materials brought out by the students
during the last four academic sessions.   **NIL**

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5.3.6   A. Departmental Student and Alumni association or or any other similar body

  B. Details on its constitution, activities and funding.

5.3.7   Details of student representatives in Board of Studies, various academic and administrative bodies

Not implemented yet

5.3.8 Any other information regarding Student Support and Progression which the university would like to include.

CRITERION VI: GOVERNANCE, LEADERSHIP AND MANAGEMENT

6.1 Institutional Vision and Leadership

6.1.1 State the vision and the mission of the department in line with the University

Vision -

The vision of institute is to Fostering global competences and to making the yoga center a best yoga educator institution.

i. To work for creating yoga educators for Hospitals,schools, colleges and health mental and physical fitness consultant for people of society.

ii. Spread health consciousness among people through Yoga.

iii. Provision of scientific professional service to the workers of different Healthclub,Hospitals .

6.1.2 Mission statement definition for the department's distinctive characteristics in terms of addressing the needs of the society, the students it seeks to serve, the institution's tradition and value orientations, its vision for the future,

Mission –

Make healthy and adopt yoga as a profession who will serve the Nation by their knowledge and skill to make healthy society and become For the purpose of attaining the above aim the following objectives are to be given specific attention:-

i. The department shall always strive to stride forward and keep pace with the changing needs and spirit of the times.

ii. The department shall continue to uphold its commitment to the nation in general and to the society in particular by providing professionally trained people in the field of yoga

iii. The department shall spare no effort to continue to spread and further its academic potential by providing quality infrastructure and facility to upgrade the knowledge of his students and teachers.

6.1.3   Write-up of

       ∗ ensuring the organization's management system development, implementation and continuous improvement

   i.   The department is being managed by the financial support given by the university from other department fee and the fees collected from Yoga students.

   ii.   Universirty develop infrastructure or other facilities from the pooled grant of the university.

       ∗ interacting with its stakeholders

   i.   The department is continuously sending its students to various schools, colleges and health clubs for guidance.

       ∗ Reinforcing a culture of excellence

         Regularcounseling regarding the morals of the life. Keeping in view the yogic spirit, it is a matter of pride that our students work in society and spread importance of the yoga in society for physical and mental fitness.

       ∗ identifying organizational needs and striving to fulfill them

         Students are also given opportunities for classroom teaching on various theoretical subjects like anatomy and physiology, patanjali yog sutra , yoga nad mental health ,yog therapy,sankhya, darshan and psychology.

6.1.4   Records of Departmental and other committees meetings

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Records of departmental meetings are maintained in file.No.??

6.1.6   Write-up of a culture of participative decisions in the department

      i.   Faculty members are given various responsibilities Admission Incharge, Examination Coordinator, and Library Incharge to enhance their leadership quality.

     ii.   Students are also given the responsibilities as class representative and coordinator of Cultural events .

6.1.7   Record of Grooming leadership at various levels

6.1.10   Record of knowledge management strategy
      i.   Students are provide in hard and soft copies for their future reference.
     ii.   CD's and computers are used for knowledge management

6.1.11   Write up on
     *   Contributing to national development

Deprtment has trained students in yoga who are providing the knowledge regarding health and fitness, role of Yogic Therapy in the life of a human being, and knowledge in prevention and treatment of injuries and illness

    * Fostering global competencies among students

    * Inculcating a sound value system among students

∗ Promoting use of technology

i.   All the faculty members are provided computer facilities with Internet and many of the faculty members are using computer and Internet regularly in updating themselves in their field of knowledge.

ii. Some of the faculty is continuously using PPT for class room teaching, others are motivated to use this technology.

∗ Quest for excellence

i.   Faculty have quest for excellence

6.2   Strategy Development and Deployment

6.2.1   Perspective plan for development and write-up of policies and strategies to

∗ work for Vision and for achieving the mission

∗ Enhancing Teaching and learning

1. Other than the class room teaching students are motivated to use the library
.
2. Class room Seminars for PG students are also conducted.
3. Personality development lectures are also arranged for the students

∗ Enhancing Research and development
NIL

∗ Enhancing Community engagement

1. Students are conducting research taking subjects from the society.
2. Students are working as personal trainer to the members of the society.

     ∗ Enhancing Human resource planning and development

1. Various duties of the departments are allotted to all the faculty members.
]

     ∗ Enhancing Industry interaction

1. Students are sent to practice teaching lessons in nearby schools.
2. Students are sent to various schools and colleges. Students organise surya namaskar on Swami Vivekanand Jayanti(12 January)
3. Students are sent to university hostels and take Yoga classes

     ∗ Enhancing Internationalisation

6.2.2   Departmental organizational structure and decision making processes and their effectiveness.

   i.   The department is headed by Head of the department who is appointed by the Vice Chancellor. Earlier rotation system of heads in various departments was not effective but now the rotation system is effective and Heads are appointed for three years.

   ii.   Staff meetings are conducted in the departments for taking decisions related with any departmental matters, the decisions are forwarded to the university for further approval and then the actions are taken.

6.2.3   Write up of functioning independently and autonomously and ensure accountability

6.2.5   Record of last four years, have there been any instances of court cases filed by and against the department, What were the critical issues and verdicts of the courts on these issues

    i.   No court case is lodged against the department.

6.2.6   Performance audit of the department by external experts

6.3   Faculty Empowerment Strategies

6.3.1   Outcome of the reviews of self appraisal and PBAS and important decisions taken on that

i.   On the basis of self appraisal the Vice Chancellor gives remarks to each faculty which has been sent to the faculty.

6.3.3   List of teachers availing welfare schemes available for teaching and non-teaching staff.

    i.   Teachers are availing loan facility from the Teachers Welfare Fund (TWF) of the University Teachers contribute 40% of examination to TWF.

6.3.4   List and number of attracted and retained eminent faculty in last 4 years

6.3.5   Gender audit during the last four years of the department achievements and pass percentages and its salient findings.

File Maintained in the department

6.4   Financial Management and Resource Mobilization

6.4.1   Statements of audited income and expenditure of academic and administrative activities of the last four years.

    i.   Audited Cashbook is present in the department of last four years.

S.No.	Years	Fee Income	Expenses
01	2012-13	1664732/-	1763450/-
02	2011-12	1370943/-	1354120/-
03	2010-11	1202034/-	922861/-
04	2009-10	1050941/-	1010,548/-

6.4.5   Efforts taken by the department for resource mobilization.

6.4.6   Record of endowment funds created

    Endowment Fund created in the university

6.5   Internal Quality Assurance System

6.5.1   Details of department internal quality assurance and sustenance system, give details.

    i.   Feedback from students before the end semester examination is collected for each course and for each faculty members

including visiting faculties and evaluated. The final findings is circulated to concerned faculty and compiled report is sent to the IQAC cell of the university.The same is hosted at IOAC website of the university.

6.5.2   Internal workshops to improve teaching, learning and evaluation
   i.   Faculty motivated to self improvement for evaluation process and improvement. Evaluation process improvement are discussed in Departmental meeting.

6.5.3   Record of continuously review the teaching learning process
   -by IQAC cell of the university andby PBAS report.

6.5.4   **Any other information regarding Governance, Leadership and Management which the university would like to include.**

CRITERIA VII: INNOVATIONS AND BEST PRACTICES

7.1   Environment Consciousness

yoga center has organize yoga awareness camps in hostel of boys and girls they learn yoga and relief tension tension during examination time .The center had planted many plant around the department and also planted around 50 different plants around the academic block.Enviroment consciousness has also changed to deal with new issues such as health related problem, overpopulation etc. many youth of today's society have become more aware of the state of the plant and deeming themselves environmentalist.

7.1.1   Department Area Green Audit details

7.1.2   Departmental initiative to make the campus eco-friendly?

i.   The term "eco-friendly" is used to describe activities which are good for the environment our students render their services through plantation, remove waste and unproductive things around the play fields.

7.2   Innovations

7.2.1   Give details of innovations introduced during the last four years which have created a positive impact on the functioning of the department

i.   The entire department has been made tobacco free through initiatives of both the teachers and administrative faculty and this has definitely created a positive impact in the department.

ii.   yoga center has organize yoga awareness camps in hostel of boys and girls they learn yoga and relief tension tension during examination time

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7.3   Best Practices

Format for Record of Best Practices of the department

1. **Title of the Practice**
    This title should capture the keywords that describe the practice.

2. **Objectives of the Practice**
    What are the objectives / intended outcomes of this "best practice" and what are the underlying principles or concepts of this practice (in about 100 words)?

3. **The Context**
    What were the contextual features or challenging issues that needed to be addressed in designing and implementing this practice (in about 150 words)?

4. **The Practice**
    Describe the practice and its uniqueness in the context of India higher education. What were the constraints / limitations, if any, faced (in about 400 words)?

5. **Evidence of Success**
    Provide evidence of success such as performance against targets and benchmarks, review results. What do these results indicate? Describe in about 200 words.

6. **Problems Encountered and Resources Required**
    Please identify the problems encountered and resources required to implement the practice (in about 150 words).

7. **Notes**
    Optional. Please add any other information that may be relevant for adopting/ implementing the Best Practice in other institutions (in about 150 words).

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